

Published based on [BAC Chart For Women](#)

BAC Chart For Women

Below is a **BAC chart for women** or blood alcohol level estimation chart, which can be used as a guide only!

One of the best ways to test and obtain a more accurate BAC (Blood Alcohol Concentration) is with a specialist Alcohol tester. The chart provides you with a guide, but there other factors to think about. Some of the things you will need to think about are: when you have last eaten, maybe you feeling tired, your height and/or weight, gender, physical fitness, being on any medication at the time of testing and what's the alcohol percentage level of the drink or drinks.

Women's Blood Alcohol Level Estimation Chart										
Approximate Blood Alcohol Percentage										
Drinks	Body Weight in Pounds									
	90	100	120	140	160	180	200	220	240	
0	0	0	0	0	0	0	0	0	0	Only Safe Driving Limit
1	0.05	0.05	0.04	0.03	0.03	0.03	0.02	0.02	0.02	Impairment Begins
2	0.1	0.09	0.08	0.07	0.06	0.05	0.05	0.04	0.04	Driving Skills Impaired
3	0.15	0.14	0.11	0.1	0.09	0.08	0.07	0.06	0.06	Possible Criminal Penalties
4	0.2	0.18	0.15	0.13	0.11	0.1	0.09	0.08	0.08	
5	0.25	0.23	0.19	0.16	0.14	0.13	0.11	0.1	0.09	
6	0.3	0.27	0.23	0.19	0.17	0.15	0.14	0.12	0.11	Legally Intoxicated
7	0.35	0.32	0.27	0.23	0.2	0.18	0.16	0.14	0.13	Criminal Penalties
8	0.4	0.36	0.3	0.26	0.23	0.2	0.18	0.17	0.15	
9	0.45	0.41	0.34	0.29	0.26	0.23	0.2	0.19	0.17	
10	0.51	0.45	0.38	0.32	0.28	0.25	0.23	0.21	0.19	Possible Death

1 drink is approx. 1 shot of liquor, a 12 oz. of beer, or a 5 oz. of wine.

The Alcohawk Slim Digital Alcohol Breath Tester is one of the most affordable units on the market. It is very easy to use and compacted enough, to carry in your bag!

[Click here to find more specials on Alcohol Breathalyzers online!](#)

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